

NMSVH

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Feb 1, 2017 thru Feb 28, 2017

BREAKFAST K-12

Generated on: 1/23/2017 7:39:03 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/01/2017																
BREAKFAST K-12	Total	10														
FRENCH TOAST STICKS	1 SERVING	5	377	145	876	1.95	3.91	189.4	331	0.53	*N/A*	13.1	56.82	10.8	2.71	*N/A*
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING -2 OZ	5	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
HAM, BREAKFAST 2oz.	2 OZ	5	60	20	630	0.00	0.36	0.1	0	0.0	*0	7.0	1.0	2.0	1.00	0.00
Cereal, Malt-O-Meal	.5 Cup	5	65	*0	*3	0.50	5.41	51.9	*0	*0.0	*N/A*	2.5	13.5	0.25	*0.00	*N/A*
BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	5	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			457	*85	*891	2.76	*5.31	*283.8	*536	*17.20	*4	15.79	81.36	6.66	*1.89	*0.00
% of Calories											*3.9%	13.8%	71.2%	13.1%	*3.7%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Thu - 02/02/2017																
BREAKFAST K-12	Total	10														
ENGLISH MUFFIN SANDWICH	SANDWIC	10	505	242	1282	2.62	2.96	293.6	408	0.0	*1	23.39	27.65	33.44	11.08	*0.02
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			674	244	1391	4.16	*3.24	*456.7	*778	*16.93	*6	27.88	64.80	33.57	11.11	*0.02
% of Calories											*3.4%	16.6%	38.5%	44.8%	14.8%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/03/2017																
BREAKFAST K-12	Total	10														
BREAKFAST QUESADILLA	1 EACH	10	170	295	248	0.30	1.51	149.7	601	4.39	*1	12.89	2.03	11.99	5.07	0.16
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			339	297	357	1.84	*1.80	*312.8	*971	*21.33	*5	17.39	39.18	12.12	5.10	0.16
% of Calories											*5.9%	20.5%	46.2%	32.2%	13.6%	0.4%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Mon - 02/06/2017																
BREAKFAST K-12	Total	10														
BREAKFAST BAGEL SANDWICH	SERVING	10	455	233	1085	4.00	20.35	452.4	12398	0.0	*2	23.94	70.77	9.98	3.55	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			623	235	1194	5.54	*20.64	*615.4	*12769	*16.93	*6	28.44	107.92	10.11	3.58	*0.00
% of Calories											*3.9%	18.2%	69.2%	14.6%	5.2%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/07/2017																
BREAKFAST K-12	Total	10														
PANCAKES, BLUEBERRY	2 PANCAKES	10	200	38	185	1.41	1.96	57.9	137	0.76	*1	6.58	33.67	4.15	0.80	*0.00
SYRUP, PANCAKE & WAFFLE, SF, PC	SERVING -2 OZ	10	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
JUICE, ASSORT (APL, O/P, GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			394	40	345	2.95	*2.24	*220.9	*508	*17.69	*6 *5.6%	11.07 11.2%	75.88 77.0%	4.28 9.8%	0.83 1.9%	*0.00 *0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Wed - 02/08/2017																
BREAKFAST K-12	Total	10														
EGGS W/HAM, CHEDDAR AND CHIVES	.25 CUPS	10	296	397	784	0.07	28.01	781.1	20688	1.55	*0	27.09	3.11	19.12	8.27	*0.00
BISCUITS: PLAIN, OATS, QUICK, QUAKER-1/2 CUP	2 OZ SERVING	10	170	0	280	2.00	*N/A*	*N/A*	0	0.0	*N/A*	4.0	27.0	5.0	5.00	0.00
	-1/2 CUP	5	121	0	6	3.22	1.47	3.8	0	0.0	*N/A*	4.02	21.72	2.41	0.40	*0.00
BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	5	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
JUICE, ASSORT (APL, O/P, GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			719	399	1178	5.21	*29.21	*946.1	*21058	*18.48	*5 *2.5%	37.60 20.9%	84.14 46.8%	25.46 31.8%	13.50 16.9%	*0.00 *0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/09/2017																
BREAKFAST K-12	Total	10														
BREAKFAST PIZZA	PIECE	10	210	15	480	3.00	1.80	150.0	300	0.0	*N/A*	10.0	27.0	8.0	2.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			379	18	589	4.54	*2.09	*313.1	*670	*16.93	*4	14.50	64.15	8.13	2.04	0.00
% of Calories											*4.7%	15.3%	67.8%	19.3%	4.8%	0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Fri - 02/10/2017																
BREAKFAST K-12	Total	10														
WAFFLE STICKS, BELGAIN SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING -2 OZ	10	210	0	375	1.50	2.16	30.0	*N/A*	*N/A*	*N/A*	4.5	42.0	3.0	0.00	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			404	3	535	3.04	*2.45	*193.1	*370	*16.93	*4	9.00	84.21	3.13	0.04	*0.00
% of Calories											*4.4%	8.9%	83.4%	7.0%	0.1%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

NMSVH

Feb 1, 2017 thru Feb 28, 2017

Base Menu Spreadsheet

BREAKFAST K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/13/2017																
BREAKFAST K-12	Total	10														
PANCAKES, WHOLE WHEAT, 3 EACH	Serving-3 each	10	210	10	550	2.00	1.80	40.0	0	0.0	*N/A*	6.0	40.0	3.0	0.50	0.00
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING -2 OZ	10	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			404	13	710	3.54	*2.08	*203.1	*370	*16.93	*4 *4.4%	10.50 10.4%	82.21 81.4%	3.13 7.0%	0.54 1.2%	*0.00 *0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Tue - 02/14/2017																
BREAKFAST K-12	Total	10														
SAUSAGE HASH BROWN CAS SEROLE	.25 CUPS	10	230	91	534	*0.00	0.98	*12.0	*123	14.93	*0	10.29	9.77	16.94	*3.90	*0.05
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			399	94	643	*1.54	*1.27	*175.1	*493	*31.87	*5 *5.0%	14.78 14.8%	46.92 47.1%	17.08 38.5%	*3.94 *8.9%	*0.05 *0.1%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

NMSVH

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Feb 1, 2017 thru Feb 28, 2017

BREAKFAST K-12

Generated on: 1/23/2017 7:39:03 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/15/2017																
BREAKFAST K-12	Total	10														
Omelet, Skillet w/Colby Cheese	OMELET	5	190	365	450	*N/A*	1.44	100.0	400	0.0	*N/A*	12.0	5.0	14.0	5.00	0.50
CREAM OF WHEAT	1/2 CUP	5	60	0	169	0.69	5.52	121.2	0	0.0	0	1.92	12.1	0.23	0.04	0.00
BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	5	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			318	185	421	*1.89	*3.95	*273.7	*570	*16.93	*5 *5.7%	11.45 14.4%	51.72 65.0%	7.25 20.5%	2.56 7.2%	0.25 0.7%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Thu - 02/16/2017																
BREAKFAST K-12	Total	10														
BREAKFAST BURRITO 6"	1 ea	10	302	351	932	0.32	25.72	619.8	18623	*2.38	*N/A*	19.97	14.1	18.19	7.59	*0.00
SALSA-TERI'S	1 OZ	10	5	0	174	0.31	0.35	10.0	126	8.58	*0	0.14	1.24	0.02	0.00	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			476	354	1214	2.16	*26.36	*792.9	*19119	*27.89	*5 *3.8%	24.60 20.7%	52.49 44.1%	18.34 34.7%	7.63 14.4%	*0.00 *0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/17/2017																
BREAKFAST K-12	Total	10														
KANGAROO SANDWICH	SERVING	10	167	213	264	1.03	17.33	294.7	12257	0.07	*0	9.8	19.61	6.31	1.73	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
	-4 OZ															
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			336	216	373	2.57	*17.61	*457.8	*12627	*17.00	*4	14.30	56.76	6.44	1.76	*0.00
% of Calories											*5.3%	17.0%	67.6%	17.3%	4.7%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Tue - 02/21/2017																
BREAKFAST K-12	Total	10														
SAUSAGE GRAVY	1/2 Cup	10	114	14	171	1.01	0.69	162.0	312	*0.64	*6	10.44	12.76	2.56	0.87	*0.00
BISCUITS: PLAIN,	2 OZ	10	170	0	280	2.00	*N/A*	*N/A*	0	0.0	*N/A*	4.0	27.0	5.0	5.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
	-4 OZ															
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			452	17	560	4.55	*0.97	*325.0	*682	*17.58	*10	18.94	76.91	7.69	5.90	*0.00
% of Calories											*9.3%	16.8%	68.0%	15.3%	11.7%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/22/2017																
BREAKFAST K-12	Total	10														
WAFFLE STICKS, BELGAIN	SERVING	5	210	0	375	1.50	2.16	30.0	*N/A*	*N/A*	*N/A*	4.5	42.0	3.0	0.00	*N/A*
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING	5	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
OATS, QUICK, QUAKER-1/2 CUP	SERVING	5	121	0	6	3.22	1.47	3.8	0	0.0	*N/A*	4.02	21.72	2.41	0.40	*0.00
BROWN SUGAR MELT-OATMEAL TOPPI	-1/2 CUP PACKET	5	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	-4 OZ HALF PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			372	3	327	3.90	*2.28	*180.0	*370	*16.93	*4	8.76	77.56	2.84	0.24	*0.00
% of Calories											*4.8%	9.4%	83.5%	6.9%	0.6%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Thu - 02/23/2017																
BREAKFAST K-12	Total	10														
ENGLISH MUFFIN BREAKFAST PIZZA	MUFFINS	10	315	25	492	2.80	1.88	310.5	272	2.06	*1	16.44	27.46	16.22	5.14	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			484	27	601	4.34	*2.16	*473.6	*642	*18.99	*6	20.93	64.60	16.35	5.17	*0.00
% of Calories											*4.9%	17.3%	53.4%	30.4%	9.6%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/24/2017																
BREAKFAST K-12	Total	10														
PANCAKE, APPLE	SERVING	10	279	202	96	*3.05	1.72	94.4	614	*5.53	*20	9.52	37.35	10.59	5.11	*0.00
SYRUP, SUGAR FREE, (28 gm pc)	PC	10	25	0	50	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			412	204	238	*4.59	2.01	257.5	984	*22.46	*25	14.01	64.50	10.72	5.15	*0.00
% of Calories											*24.2%	13.6%	62.6%	23.4%	11.2%	*0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Mon - 02/27/2017																
BREAKFAST K-12	Total	10														
BREAKFAST PIZZA	PIECE	10	210	15	480	3.00	1.80	150.0	300	0.0	*N/A*	10.0	27.0	8.0	2.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	-4 OZ															
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			379	18	589	4.54	*2.09	*313.1	*670	*16.93	*4	14.50	64.15	8.13	2.04	0.00
% of Calories											*4.7%	15.3%	67.8%	19.3%	4.8%	0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Tue - 02/28/2017																
BREAKFAST K-12	Total	10														
SAUSAGE AND PANCAKE ON A STICK	1 EA.	10	230	15	430	1.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	9.0	23.0	12.0	3.00	*N/A*
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING	10	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
FRUIT, CHOICE	-2 OZ															
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	-4 OZ															
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			424	18	590	2.54	*8.29	*163.1	*370	*16.93	*4 *4.2%	13.49 12.7%	65.21 61.5%	12.13 25.8%	3.04 6.4%	*0.00 *0.0%
Nutrient Guideline			554		1000	8.67	3.00	257.00	985	13.00		10.00		<=30.0	<10.00	

Weighted Average			444	*130	*671	*3.48	*7.16	*366.2	*3924	*19.10	*6 *12.6%	17.26 15.5%	68.67 61.8%	11.24 22.8%	*4.00 *8.1%	*0.03 *0.1%
------------------	--	--	-----	------	------	-------	-------	--------	-------	--------	--------------	----------------	----------------	----------------	----------------	----------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	444		554	80%		110		Correction Required - Calories are Low
Cholesterol (mg)	130				Missing			
Sodium (mg)	671		1000		Missing			
Fiber (g)	3.48		8.67	40%	Missing	5.18		Correction Required - Fiber is Low
Iron (mg)	7.16		3.00	239%	Missing			
Calcium (mg)	366.2		257.00	142%	Missing			
Vitamin A (IU)	3924		985	398%	Missing			
Sugars (g)	6	5.58%			Missing			
Vitamin C (mg)	19.10		13.00	147%	Missing			
Protein (g)	17.26	15.53%	10.00	173%				
Carbohydrate (g)	68.67	61.80%						
Total Fat (g)	11.24	22.76%	<=30.00%					
Saturated Fat (g)	4.00	8.10%	<10.00%		Missing			
Trans Fat ¹ (g)	0.03	0.05%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.